

GO THE NEXT STEP TO DEVELOP A 'RULE OF LIFE'

BRIEF SUMMARY

If we are to nurture a heart that treats every person, ourselves included, as a "Thou" instead of "It," we need to be intentional about our lives. By ordering our lives to contemplate the love of Christ and to receive the love of Christ, we will be able to give the love of Christ away to others. In this way, he transforms our lives into a gift to our families, friends, coworkers, and communities.

The problem again, however, is our busyness and lack of intentionality. Often, we find ourselves unfocused, distracted, and spiritually adrift. Few of us have a conscious plan for intentionally developing our spiritual lives.

Nurturing a growing spirituality in our present-day culture calls for a thoughtful, conscious, purposeful plan. To do this well requires us to uncover another ancient buried treasure—a "Rule of Life."



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FURTHER REFLECTION: BIBLE STUDY OF ACTS 2:42-47

1. In the book of Acts, we are given a window into the life of the first community of believers soon after the coming of the Holy Spirit at Pentecost when three thousand people came to faith in Christ. What speaks to you from this passage?
2. Based on this one passage, how would you describe this community's Rule of Life? Describe the activities/disciplines they used to grow and mature in Christ.
3. How often are these staples of the early church a part of your current weekly rhythm?
4. What area might God be inviting you to grow in for the season ahead?



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QUESTIONS FOR DISCUSSION

1. What stood out to you from this week's teaching on Developing a Rule of Life?
2. What would need to change in your schedule to plan to have room to nurture your interior life with God throughout your week?
3. What difference might it make if you were to practice "building open spaces" into your life?
4. When you think about an average week for you currently, where do you see opportunity to connect with God?
5. As this is the last week in the series, what do you feel like God has been revealing to you, or teaching you throughout the series?

