

Identify: Chosen Discussion Guide

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Start with 2 minutes of silence: Focus your mind, slow your breathing, hold any thought that enters your mind captive, and refocus on God. Don't ask for anything or pray; just be still.

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Pray: Ask God to speak to you as you read.

Read Ephesians 1:3-7 NIV - "3 Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ. 4 For he chose us in him before the creation of the world to be holy and blameless in his sight. In love 5 he predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and will-- 6 to the praise of his glorious grace, which he has freely given us in the One he loves. 7 In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace"

1. What are some of the spiritual blessings that God has given us in Christ?
2. What does it mean in verse 4 when it says God chose us in Christ before the world's creation?
3. How does God's choice of us affect our identity and purpose?
5. How does God's redemption and forgiveness of us demonstrate his riches and generosity?
6. How do these truths inspire us to praise God and live for him?
Chosen: God chose us for his purpose.
Blessed: He blessed us spiritually.
Grace: We received what we don't deserve.

Pray together:

Confession: God, I admit that at times I take your grace for granted. I often lose focus on the spiritual blessings in my life and focus on the physical. I admit that I don't live according to the identity you have given me. Please forgive me and guide me on your path.

I Am Statement: (read together)

I am made in the image and likeness of God; I will live out his purpose as my own.

I am chosen and holy; I will live out God's holiness in my life.

How can we apply the I Am statement to our daily lives?