

CG Guide of Life Oct 27th 2024

“We can be ruled by life or have a rule of life.”

Open in prayer: Ask if anyone has a challenge to pray for or something to give praise for

1. How do you define a "rule of life" in your own words, and why do you think it might be important?
2. Identify areas in your life where self-centeredness is more prevalent. What steps can you take to address these areas?
3. Reflect on James 4:10. How does humility play a role in living a life that pleases God?
4. In what ways can adopting an intentional rule of life deepen your relationship with God and others?
5. How do the signs of self-centeredness (listed on the next page) compare to the principles of living a holy life as described in 1 Thessalonians 4:1-12?
6. How would you apply these questions of living to please God to daily choices? Give some examples from your own life.

Living to please God: Does this please God according to His word? Does this treat people with love and dignity? Does this lead to transformation or destruction? Does this bring me closer to Jesus or further away?

7. In response to God's word, think of a clear "I will" statement that your group can hold you accountable to.
"I will _____ in order to live a life pleasing to God. Write down each person's "I will statement" and review it next week.

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10 Signs of Self-Centeredness

1. Dominating every conversation
 2. Lack of empathy toward others
 3. Take more than they give
 4. Struggle to follow authority or be held accountable
 5. Blame others and avoid responsibility
 6. Struggle to tell the full truth
 7. Always need to be the center of attention
 8. Critical of and look down on people they feel are not important
 9. Arrogant, brags a lot, and comes across as conceited
 10. Seeks the praise of others but rarely praises others
- Bonus: Have secret feelings of insecurity, shame, humiliation, and fear of being exposed as a failure.