

**ABIDE**  
**The Presence of**  
**The Holy Spirit**

Open in prayer

**Discuss:** Do you struggle to ask for help? Why?

**Read:** John 14:1-17

1. What stands out to you the most in this passage?
  
2. What was troubling the disciple's hearts? What's troubling you?
  
3. Who is the Holy Spirit? Who has the Holy Spirit?
  
4. To "accept" The Holy Spirit means to give oneself to another, which also means to embrace. Our English word to embrace has many synonyms  
Embrace: grasp, clasp, clinch, cling, clutch, cradle, cuddle, encircle, enfold, entwine, envelop, grab, grip, hug, nuzzle, press, seize, snuggle, squeeze, wrap  
What is your personal relationship with the Holy Spirit? Are you fully receiving/embracing Him?

**Apply:**

Take a few minutes and sit with your palms up on your laps. Ask God to examine your heart. Ask him to show you where to embrace the Holy Spirit more deeply. Ask the Holy Spirit to show you if something is hindering your relationship with Him.

Share what you heard with the group

**Abide:** What will you put in place this week to grow your relationship with The Holy Spirit?